



DR. ANITA KABARIA
DDS, DABOP, FAAOP

BERGEN TMJ
& DENTAL SLEEP CARE

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PATIENT INFORMATION

Name: _____ Phone: _____

REFERRING DOCTOR

Name: _____ Practice Name: _____

Phone: _____ Fax: _____ Email: _____

REASON FOR REFERRAL

- | | |
|--|---|
| <input type="checkbox"/> TMJ pain, jaw soreness, or facial discomfort | <input type="checkbox"/> Ear pain, fullness, or ringing without ear pathology |
| <input type="checkbox"/> Locked jaw/limited mouth opening | <input type="checkbox"/> Dizziness/vertigo linked to jaw dysfunction |
| <input type="checkbox"/> Clicking, popping, or grating sounds in the TMJ | <input type="checkbox"/> Neuropathic facial pain |
| <input type="checkbox"/> Teeth grinding or clenching (bruxism) | <input type="checkbox"/> Snoring/sleep apnea |
| <input type="checkbox"/> TMJ-related headaches or migraines | <input type="checkbox"/> Other: _____ |

DOCTOR'S COMMENTS

Please forward any X-Rays, Sleep Studies, Images, and/or Notes

THANK YOU FOR YOUR REFERRAL!

DR. ANITA KABARIA

is a skilled and passionate board-certified TMJ specialist who believes every day offers an opportunity to make a meaningful difference in her patients' lives. Whether alleviating pain or improving sleep quality, she finds her work deeply fulfilling. With extensive training and expertise in TMJ disorders, orofacial pain, and dental sleep medicine, Dr. Kabaria is dedicated to helping patients achieve greater comfort and health. She warmly welcomes you to Bergen TMJ and Dental Sleep Care, where enhancing your well-being is her top priority!



Diplomate, American Board of Orofacial Pain
Fellow, American Academy of Orofacial Pain
Member, American Academy of Dental Sleep Medicine
Member, American Academy of Facial Esthetics



SCAN FOR
CONTACT DETAILS

Your greatest wealth is health!